

# AMADOR COUNTY UNIFIED SCHOOL DISTRICT



## “TO GO OR NOT TO GO TO SCHOOL, THAT IS THE QUESTION”

Sometimes it is difficult to know when to keep your student home from school due to illness. A student will benefit most fully from their school experiences if he or she is feeling well. Additionally, we like to promote the best environment for maintaining the health of all students and staff at our school site.

Here are some guidelines to help you decide when it would be best to keep your student home:

- Rashes – any body rash not related to allergic contact, i.e. poison oak, especially if accompanied by fever.
- Thick, yellow discharge from eye(s).
- Fever – 100.5 degrees F or higher (should be fever free for 24 hours before returning to school).
- Nausea and/or vomiting.
- Frequent or persistent diarrhea (may need a doctor’s clearance to return).
- Head lice until treatment is completed.
- Cold sores or fever blisters – lesions must be dry to attend school unless student has age and maturity to use good hygiene.
- Ringworm – may return when treatment is started.
- Impetigo – may return when under treatment or lesions are dry.
- Scabies – may return after being treated.
- Stye – may return after being seen by doctor.
- Chickenpox – may return when blisters are dry and crusted, usually 7-10 days.
- Bacterial Conjunctivitis – may return 24 hours after starting antibiotic.
- Strep Throat – may return 24 hours after treatment is started and no fever present for 24 hours.
- Upper respiratory infections such as cold or bronchitis – keep home if excessive cough, copious nasal discharge, or too ill to function adequately in the classroom.

Much depends on individual circumstances depending on the student’s age, hygiene habits and developmental level.

Please remember that if your student needs to take medication at school, a “Medication in School” form must be completed by both the parent and the physician. This form is necessary for all medications, both prescription and over-the-counter.

If you have any questions regarding these guidelines contact the School Nurse at 257-5343

